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DOB : 29.04.1970

Profile : Consultant Hand, Upperlimb and  
Microvascular surgeon

Proprietor- Bengaluru Hand Centre,  
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## Summary Statement

Freelancing in Bangalore since 2008 , having operated in major hospitals, being a proprietor of Bangalore hand centre since July 2011 has given a cutting edge and immense confidence in the management of all problems of the upper limb including, brachial plexus surgery , microsurgery and reconstructive surgery.

Diligence, responsibility and independence have marked my career of Hand and upper limb surgery for the past 12 years starting from September 2001. This is evidenced by the Award given to me at HOSMAT hospital for performing the highest number of successful surgeries for 4 years 2004, 2005 , 2006 and 2008. The 2 yrs fellowship in Hand Surgery at the institute of research and rehabilitation of the Hand , Stanley medical College and Hospital at Chennai, India and 6 months fellowship in Hand and Brachial Plexus surgery at Ogori Daiichi General hospital, Ogori, Japan are mainly responsible for the excellent skill and knowledge in Hand and microvascular surgery. The Degree of MS orthopaedics as a baseline has helped understand the basic functions of the hand and upper limb in a better perspective. All in all I am a highly motivated, dedicated and skilled Hand and Upper limb surgeon to the tune of patient satisfaction.

Hand is the most functional and economically productive unit of the body. We have a great responsibility of not only preventing injuries and creating awareness but also converting the nonfunctional hands to functional hands by reconstructive surgical skills developed over years of hard work and sleepless nights.

### Education

Degree	Institute/Hospital	University	From	To
MBBS	Mysore Medical College	Mysore University	August 1987	January 1993
MS (ortho)	JJM Medical College, Davanagere	Kuvempu University	March 1995	April 1998
Fellowship in Hand and Microvascular surgery	IRRH and DPS Stanley Medical College and Hospital	Madras University	August 2001	July 2003
Observer	Christine M Kliener Institute, Louisville	Kentucky , USA	May 2003	June 2003

Observer	Stanford Hand Center, California	Stanford University, USA		June 2003
Fellowship in Hand and Brachial plexus Surgery	Ogori Daiichi General Hospital, Ogori, Japan	Yamaguchi, Japan	July 2007	December 2007

**Work experience in a reverse chronological order.**

Position Held	Institute/Hospital	From	To	Remarks
Consultant Hand and Brachial plexus surgeon	Manipal Hospitals Bangalore	May 2009	Till date.	
Director and Consultant Hand surgeon	Bengaluru Hand Centre, Subramanya nagar ,Rajajinagar, Bengaluru	June 2011	Till date	
Fellowship in Hand and Brachial Plexus surgery	Ogori Daiichi General Hospital, Ogori, JAPAN	2 <sup>nd</sup> July, 2007	28 <sup>th</sup> Dec, 2007	Best Fellow
Consultant Hand, Upper Limb, and Microvascular surgeon	HOSMAT Hospital, Bangalore	7 <sup>th</sup> nov, 2003	11 <sup>th</sup> Feb, 2009	Highest No of surgeries award for 4 years
Visiting Consultant	Northside Manipal and Suguna Hospitals, Bangalore Proprietor-Bengaluru Hand centre	12 <sup>th</sup> Feb, 2009 From 10th July 2011	Till date	
Fellowship in Hand and microvascular Surgery	IRRH and Department of Plastic Surgery at Stanley Medical college, Chennai	August 2001	July 2003	
Assistant Professor Orthopaedics	Kasturba Medical College ,Mangalore	January 2000	August 2001	
Consultant Orthopaedic Surgeon	Mar Baselious Medical Mission Hospital ,Kothamangalam, Kerala	September 1999	January 2000	
Consultant Ortho surgeon	St George's Hospital, vazhakulam, Kerala	August 1998	August 1999	

Extensive experience in managing all types of upper limb trauma , Brachial plexus injuries and all disorders involving the upper limb like tumors, Compressive neuropathies, Spastic limb ,Rheumatoid arthritis ,Deformities and post traumatic late sequelae

### **Presentations and scientific deliberations**

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- Faculty for online webinars of Karnataka Orthopaedic association and Bangalore Orthopaedic society 2020/2021
- Presented work on Brachial plexus birth palsy and wrist arthroscopy at APFSSH(Asia Pacific Hand society conference) at Melbourne ,Australia in March 2020
- Attended Cadaveric Wrist workshop at Hongkong 2014 and 2018 December
- Faculty for Annual ISPNS(Indian society for peripheral nerve surgery conference) since 2016
- Faculty for Brachialcon(biannual Brachial plexus conference) since 2015
- Faculty for ISSHCON (Indian Society for surgery of the hand annual conference) since 2011
- Faculty for Cadaveric wrist arthroscopic workshop at Ramaiah Advanced learning centre for 3 consecutive years 2017,2018 and 2019
- Presented 2 guest lectures at the World congress of nerve society held at New delhi , Feb 5<sup>th</sup> to 7<sup>th</sup> 2016. 1) Timing of nerve surgery in Brachial plexus birth palsy. 2) Brachial plexus birth palsy- Combined neurotizations and muscle transfers in late presentations
- Presented guest lecture on “Newer concepts reconstructive options in the management of brachial plexus birth palsy” at the diamond jubilee conference IOACON 2015 held at Jaipur dec 11-14<sup>th</sup> 2015.
- Presented guest lecture on “ Newer concepts reconstructive options in the management of brachial plexus birth palsy” at Bangalore orthopaedic society annual meeting held at Bangalore on march 28<sup>th</sup> and 29<sup>th</sup> 2015.
- Presented guest lecture on “ Current concepts in the management of brachial plexus injuries” at Karnataka orthopaedic annual conference held at Mysore on feb 6<sup>th</sup> and 7<sup>th</sup> 2015.

- Faculty for Microsurgery course at M S Ramaiah Advanced learning centre conducted on 3<sup>rd</sup> and 4<sup>th</sup> Jan 2015.
- Conducted Wrist workshop as Course chairman and faculty on Bone Model on Fracture Distal radius plating and Herbert screw fixation for scaphoid fractures at Suguna Hospital, Bangalore on 29/11/14
- Presented paper on “Results of treatment of brachial plexus birth palsy in 50 patients” at the D P Bakshi Gold medal session ,IOACON Hyderabad Nov 19<sup>th</sup>-22<sup>nd</sup> 2014 and secured the Gold medal
- Presented guest lecture on “Video demonstration on TFCC repair” at Indian society for surgery **of the** hand meeting Nov 14-16<sup>th</sup> 2015 at Mangalore
- Presented guest lecture on fracture scaphoid management at KOAICL on upper limb trauma conducted at Bagalkot on oct 11<sup>th</sup> and oct 12<sup>th</sup> 2014.
- Presented 2 papers at APFSSH conference held at Kuala Lumpur ,Malaysia from 01/10/14 to 04/10/14 .
  - 1) Results of neurotomy, neurotization and muscle transfer in brachial plexus birth palsy
  - 2) Results of radius osteotomy and vascularized bone grafting for keinbocks- 25 patients
- Guest lecture on TFCC injury at the KOACON 2014 at Bangalore
- Presented Guest lecture on Keinbocks at the Bangalore orthopaedic society meeting held at Tashkent on Oct 11 2013
- Presented 2 papers titled “ Keinbocks –Results of treatment in 25 patients ” and “ Scapholunate dissociation-Results of treatment in 10 patients” at the national hand conference held at Pune Sep 20<sup>th</sup> -22<sup>nd</sup> 2013
- Presented paper on “ Brachial plexus birth Palsy – results of treatment in 50 patients” at the brachial plexus group of INDIA meeting on 23d aug 2013 at Hyderabad
- Conducted cadaveric Workshop on wrist along with Dr Alajendo Badia from Miami at the M S Ramaiah Advanced learning centre on March 3<sup>rd</sup> 2013
- Presented paper titled “Shoulder arthrodesis and biceps plication versus muscle transfer in adult brachial plexus injuries” at the 3<sup>rd</sup> sino-european brachial plexus meeting held in MILAN Italy Sep 14<sup>th</sup> to 16<sup>th</sup>, 2012.
- Conducted cadaveric workshop on Basic hand surgery techniques at M S Ramaiah Advanced learning centre, Bangalore on May 13<sup>th</sup> 2012

- Presented Guest lecture and participated in PG teaching programme at MSR medical college, March 17, 18<sup>th</sup>, 2012
- Presented paper on ‘Shoulder arthrodesis and biceps plication versus muscle transfer in brachial plexus injuries’ at National Hand conference in Nov 2011 at Kasturba Medical college Manipal
- Presented faculty lecture on “Role of tendon transfers in Compressive neuropathies” at International federation of the societies for surgeries of the hand (IFSSH) meeting held in Seoul, South Korea in Oct 2010
- Presented Paper on “Novel method of immobilization following muscle transfer in Brachial plexus injuries` at International federation of societies for the surgeries of the hand(IFSSH) conference held at Seoul, South Korea in Oct 2010
- Presented Paper on “Novel method of immobilization following muscle transfer in Brachial injuries” at the National Hand conference(ISSHCON) in New delhi 4-6<sup>th</sup> dec 2009
- Invited as faculty to conduct workshop on LCP for Distal radius and proximal Humerus and present paper on Scaphoid and Hand fractures at OTC meet Coimbatore May 2009
- Invited to present guest lecture on “ Approaches and techniques of internal fixation of metacarpal and phalangeal fractures” at KOACON 2009, Mangalore
- Presented a free paper on “ outcome analysis of First CMC arthritis treated by arthrodesis with a low contact titanium plate” at KOACON 2009, Mangalore
- Organized the Hand Workshop of IOACON 2008 at Suguna Hospital, Bangalore
- Paper on “Minimally Invasive acromioplasty -the only option in shoulder impingement syndrome -60 cases” at IOACON 2008, Bangalore
- Presented Guest lecture on ‘Acromio clavicular joint reconstructions , at IOACON 2008 ,Bangalore
- Paper on “Treatment options in Incomplete brachial plexus injuries” at BOSCON in September 2008
- Paper on “Brachial Plexus Injury Revisited” at the annual Bangalore orthopaedic society meeting held on 29<sup>th</sup> november
- Paper on “Intricacies in the management of Scaphoid Non-union” at The Japanese orthopaedic society meeting at Tokuyama in Yamaguchi Prefecture on 29<sup>th</sup> September 2007
- Paper on “Radius shortening in Late Stage Keinbocks disease” at Karnataka orthopaedic conference in Mysore on February 10<sup>th</sup> 2007

- Paper on “Intricacies in the management of Scaphoid non-union” and poster on “Surgical release of Camptodactyly-Points to ponder” at National Hand conference at Chandigarh on 2<sup>nd</sup> and 3<sup>rd</sup> September 2006 ,respectively. Was given the best poster award.
- Paper on “Simple protocol for the management of Nonunion Scaphoid” at Karnataka orthopaedic conference at Dharwad in Feb 5<sup>th</sup> 2006
- Paper on “Primary reconstruction by Cross finger flaps in Acute finger injuries-25 cases” at the Karnataka Orthopaedic Conference held at Bangalore in Feb 2005
- Paper on “Primary reconstruction of upper limb injuries and functional outcome” and case report on “Total scapulectomy for Chondrosarcoma scapula” at the Tamil Nadu Plastic surgery conference at Chennai in January 2005.
- Paper on “Clinical versus routine and Paraspinal EMG in Predicting the site of lesion in Brachial plexus Injuries” at Karnataka orthopaedic Conference Held at Shimoga in Feb 2004
- Paper titled “A study of Brachial Plexus Injuries - Clinical, Electrophysiological and surgical correlation” at the National conference of the Indian Society for the surgery of the hand held at Pune in Nov 2002
- Presented a Case report on “A rare case of Acrometastasis ” at Karnataka orthopaedic conference held at Davangere on Feb 11<sup>th</sup> 2001

## **Publications**

- “Clinical examination and early management of Brachial plexus Birth Palsy” in The International Journal of Paediatric Orthopedics society Jan-April 2021
- “Primary nerve reconstruction in Brachial Plexus Birth palsy :Current concepts” in The International Journal of Paediatric Orthopedics society Jan-April 2021
- Case report on Limburg combstock disease accepted for publication in ANZ journal of surgery
- “Functional anatomy of the hand” in the NBE Journal of postgraduate medical education, training and research, 2007
- “Clinical versus routine and paraspinal EMG in predicting the site of lesion in Brachial plexus injuries” in The Journal of Hand surgery (American Volume), Vol 29, Jan 2004
- “Bilateral giant cell tumour of tendoachillis-A case report” in Stanley times in April 2003

## **Awards**

- Was awarded the best Paper award on” Secondary reconstructive procedures in Brachial plexus Birth palsy” presented at IOACON ,November 2014 in Hyderabad
- Was Awarded the prestigious ROBERT ACLAND fellowship for the year 2011 by the Indian society for surgery of the hand .Visited Pulvertaft Hand unit ,Derby ,United Kingdom for 4 weeks in August 2011
- Received the award for performing highest number of surgeries successfully in HOSMAT hospital, Bangalore for three consecutive years 2004,2005and 2006
- Awarded the travelling fellowship of the Karnataka state orthopaedic association for the year 2001
- Secured the best poster award for the poster titled “Surgical release of Camptodactyly-Points to Ponder” at the National Hand conference held at Chandigarh on 3<sup>rd</sup> sep 2006

### **Teaching**

- Involved in teaching, training and regular assessment of DNB orthopaedic post graduate students at HOSMAT hospital from Nov 2003 to Feb 2009
- As Assistant Professor in Orthopaedics at Kasturba Medical college,Mangalore from January 2000 to August 2001
- Attended and actively participated in the “ Teaching-Learning” workshop at the Department of Medical education,Kasturba Medical College,Manipal from Feb 16<sup>th</sup> to Feb 22<sup>nd</sup>,2000
- Attended and actively participated in the “Student –Evaluation” workshop held at the Department of of Medical education, Kasturba Medical College, Manipal from June 21<sup>st</sup> to June 24<sup>th</sup>

### **Workshops and CME**

Conducted cadaveric workshop on hand at M S Ramaiah advanced learning centre on 13<sup>th</sup> may 2012

Conducted workshop in hand and wrist surgery under Indian orthopaedic association conference in Dec 2008 at Suguna Hospital.

Conducted CME on Rheumatoid arthritis at Suguna Hospital on July 4<sup>th</sup> 2010

Conducted annual Conference of Bangalore orthopaedic society at Madikeri on 31<sup>st</sup> march 2012.

### **Professional Affiliations**

- Life member of Indian Society of surgery of the hand
- Past secretary of the Bangalore orthopaedic society
- Life member of Indian Orthopaedic association
- Life member of Karnataka Orthopaedic association
- Life member of Bangalore Orthopaedic society
- Life member of Indian trauma Society

### **References**

Available upon request