

Prathmesh Jain

MBBS, M.S. (Orthopedics)

Name: Dr. Prathmesh Jain
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Residence Address:

Dr Prathmesh Jain

G 201 purple avenue

Maple county 2

Thaltej shilaj road

CURRENT APPOINTMENT:

I am currently working as Consultant Orthopedic surgeon in Ahmedabad since 2008 (7 Years). I am concentrating on shoulder and knee arthroscopic reconstructive surgery. I am performing around 500 arthroscopic procedures a year including complex shoulder reconstructive surgery. My special interest includes all arthroscopic rotator cuff repair and arthroscopic shoulder stabilization surgery. I have developed a new technique of all arthroscopic subscapularis tendon repair which I presented in the IAS 2010 conference. Besides that I am exposed to a vast spectrum of orthopedic surgery including hip, knee and shoulder arthroplasty, and complex trauma including pelvi acetabular fractures, hand surgery and pediatric orthopedics. I specialize in performing all arthroscopic shoulder reconstructive surgery like rotator cuff repair. I am currently performing more than 500 Arthroscopic reconstructive surgeries annually.

Post PG experience: Eight years

Desired appointment: Consultant Orthopedics and Head of Arthroscopy, sports medicine and shoulder surgery division at your esteemed institute.

Career Goals:

To develop a Arthroscopy, Sports medicine and shoulder surgery department.

To be part of Regional and national panel in treating sportspersons.

To develop a comprehensive rehabilitation center for quicker return of activity for sportsperson.

To develop a state of the art arthroscopic surgery center so that our sportsperson need not to go for surgery abroad

PROFESSIONAL QUALIFICATIONS AND EXPERIENCE:

Name of Exam	Year	University/ Consultants
Secondary examination	1996, Third position (91.6)	Board of Secondary Education, Rajasthan
Senior secondary examination	1998 (91%)	Central Board of Secondary Education
M.B.B.S. I Prof. II Prof. Final Prof Internship	July 1999 Dec. 2000 Dec. 2002 Dec. 2003	AIIMS Dr. J N Pande
M.S. Orthopedics	Jan 04-Dec 06	AIIMS Dr. S Bhan, Dr. P P Kotwal Dr. A Jayaswal
Clinical assistant in knee and shoulder surgery	Jan 07	Dr. J Maheshwari Knee & Shoulder Clinic.
Short term training in spine and brachial plexus surgery	Feb 07	Dr. S S Kale Dept of Neurosurgery, AIIMS
Senior resident, Department of Orthopedics, AIIMS	March 07-Sept 07	Dr. S Bhan Dr. P P Kotwal
Chief Medical Officer, Emergency Medicine (Part of Senior Residency)	July 07-Sept 07	Emergency Services, AIIMS

Professional Qualifications & Experience:

MRCS-I	2005-06	Glasgow, UK	384/455
MRCS-II	2005-06	Glasgow, UK	130/176
US MLE Step 1	Oct 2005	ECFMG	99, 246
US MLE Step 2	March 2006	ECFMG	99, 248
US MLE Clinical Skills	Aug 2006	ECFMG	Pass
US MLE Step 3	July 2007	FSMB	85
Clinical Fellow Shoulder Arthroscopy and Sports Medicine	Oct 2007 oct 2008	Sports, Orthopedics and Spine, Jackson, TN, USA	ACGME Accredited
Consultant orthopedic surgeon and arthroscopist	Nov 2008 to dec 2014	Shalby hospital ahmedabad	

ECFMG Certification No. 0-684-925-1 (Date: Oct 19, 2006)

BLS certified.

ACLS certified.

AWARDS:

1. Presidents gold medal for exceptional academic performance in MBBS.
2. D. C. Bhutani medal for securing highest marks in Ophthalmology.
3. Institute prize for highest marks in ObG in MBBS.
4. Merit scholarship for securing 2nd position in the final MBBS. Distinction in Anatomy.
5. Maharana Fateh Singh Award for academic performance, 1998.
6. Maharana Fateh Singh Award for academic performance, 1996.
7. Received Governor's Award for exceptional academic performance in Secondary Examination.
8. 3rd in Rajasthan Board Secondary Examination.
9. 2nd in State Science Talent Search Examination.
10. Selected for scholarship through National Talent Search Exam conducted by NCERT.
11. Certified among top 0.1% of candidates in Senior Secondary Examination.

12. DBT scholarship for academic performance: Awarded scholarship by the Department of Biotechnology for securing highest marks in biology in India (99/100).
13. 3rd in AIIMS MBBS Entrance Examination.
14. 20th in CBSE Pre Medical Examination.
15. 3rd in UPSC Combined Medical Services Examination.
16. 6th in the AIIMS Post Graduate Entrance Examination.
17. 1st in the Senior Resident Entrance Examination conducted by AIIMS in Dec 2006.

Thesis: "Role of Arthroscopic Synovectomy of Wrist in Cases of Inflammatory Arthritis of The Wrist", under the supervision of Prof. P.P. Kotwal. It was the first series of wrist arthroscopy from India. We were able to get some very surprising results on Indian patients. It was accepted as a scientific paper in the 61st Annual meeting of the American Society of Hand Surgery (ASSH).

Surgical Career highlights

ARTHROSCOPY and SPORTS MEDICINE: I did the Shoulder Arthroscopy and Sports Medicine fellowship under Dr Keith D Nord in Jackson, Tennessee, USA. This fellowship is accredited by ACGME and recognized by AANA. First Indian to be selected for this fellowship.

During this tenure of fellowship, I had a vast exposure to the art and science of arthroscopy.

The fellowship focused on shoulder arthroscopy and its therapeutic implications. I mastered the skills of arthroscopic rotator cuff repair, arthroscopic management of shoulder instability including bankart, hill-sachs, SLAP repair etc. I am privileged to get an exposure in treatment of shoulder injuries with Dr. Keith D Nord, a pioneer in this field. I am well experienced in performing Arthroscopic knee ligament injuries. I have started hip and small joint arthroscopic surgeries in gujrat and regularly performing these at shalby hospital.

ARTHOPLASTY: During this fellowship, I am also learned shoulder replacement for intractable shoulder pathologies. I am incharge of the upper extremity clinic at shalby hospital and regularly performing shoulder and elbow replacement surgeries at shalby hospital. I am also well worsed in complex knee and hip replacement surgeries. Shalby hospital is the largest joint replacement center in India

COMPLEX POLYTRAUMA: I earned extensive experience in polytrauma management and treatment of complex and neglected orthopedic trauma. I was actively involved in planning and implementation and expansion of emergency services in AIIMS.

MEMBERSHIP OF PROFESSIONAL BODIES:

1. Fellow Member Arthroscopic Association of North America(AANA)
2. Candidate Member American orthopedic society of sports medicine(AOSSM)
3. Member of Orthopedic Research Society, AIIMS.
4. Member of Indian Federation of Sports Medicine.
5. Life Member AIIMSONIANS.
6. Member of Indian Arthroscopy Society.
7. Life member of Indian Orthopedic Association.
8. Life member Indian cartilage society

EDUCATIONAL COURSES AND WORKSHOPS ATTENDED:

1. Symposium on Musculoskeletal Allografts (14th March, 2004, AIIMS, New Delhi).
2. 9th Post Graduate Course, MAMC, 2006.
3. National Conference on Emergency Medicine, New Delhi, 2007.
4. Basic Life Support Workshop, Jackson, Tennessee. 7th Feb 2008
5. Advanced Cardiac Lifesupport Provider Course, Jackson, Tennessee, 8th Feb 2008.
6. Complex Topics in Shoulder Arthroscopy: Rational Approaches to Internal Impingement, Multidirectional Instability, Revision Bankart Repair and Partial Thickness Tears of the Rotator Cuff. Richard K.N. Ryu, MD-Coordinator, Stephen S. Burkhart, MD, Edward G. McFarland, MD, Felix H. Savoie, III, MD.
7. State of the Art in Elbow Arthroscopy: Optimizing Your Technical Approach to the Stiff Elbow, Lateral Epicondylitis and Articular Cartilage Lesions. Felix H. Savoie, III, MD-Coordinator, Larry D. Field, MD, Michael J. Moskal, MD, William B. Stetson, MD.
8. Hip Arthroscopy Essentials: How to Effectively Introduce the Techniques into your Practice. J.W. Thomas Byrd, MD-Coordinator, Carlos M. Guanche, MD, Victor M. Ilizaliturri, Jr., MD, Marc J. Philippon, MD, Thomas G. Sampson, MD.
9. Optimizing Proximal and Distal Patellofemoral Realignment including Medial Patellofemoral Ligament Reconstruction. Anthony A. Schepsis, MD-Coordinator, Elizabeth Arendt, MD, John P. Fulkerson, MD.
10. Visiting Fellow, Acetabular and pelvis reconstruction unit, Vanderbilt university with Dr Philip Kregor.
11. Visiting Hip Arthroscopy fellow. Dr Thomas Byrd. Nashville.
12. Cadaveric Shoulder Arthroscopy workshop at chulalongkorn university, Bangkok, march 2011
13. Advanced Knee and Shoulder arthroscopy workshop at Science centre, York, UK, august 2011.

CONFERENCES ATTENDED:

1. 2nd SIOP-ASIA and 6th National Pediatric Hematology and Oncology, 2002, Delhi.
2. DOACON, 2004, Delhi.
3. DOACON, 2005, Delhi.
4. IOACON 2005, Bombay.
5. 61st Annual Conference of ASSH (Washington DC). 7-9 September, 2006.
6. IOACON 2006, Delhi.
7. Ranawat Orthopedic Association's Conference, "Advances in Joint Replacement Surgery", Jan 2007.
8. Annual Meeting Arthroscopy Association of North America 2008, Washington DC, April 2008.
9. Annual conference of Indian Arthroscopy Society, Goa, 2008.
10. Annual conference of Indian arthroscopy Society, Ahmedabad, 2009.
11. Annual conference of Indian Society for surgery of Hand, Delhi, 2009.
12. Annual conference of Indian society of Hip and Knee Surgeons, Ahmedabad, 2010.

13. Annual Conference of Indian Arthroscopy society, Chennai, 2010.
14. Annual conference of Indian Orthopaedic Association, Jaipur 2010.
15. First Conference on orthobiologics, Kokilaben Hospital, Mumbai, January 2011.
16. Annual Conference of Indian Arthroscopy society, Delhi, 2011.
17. Annual Conference of Rajasthan Orthopedic Society, Ajmer, 2012.
18. Annual conference of Indian arthroscopy Society(CASM), Jaipur, 2012

SCIENTIFIC PAPER PRESENTATIONS:

1. Jain Prathmesh, Gupta Vikas, Kotwal P. P., Role of Arthroscopic Synovectomy in Chronic Inflammatory Arthritis of Wrist. 61st Annual Conference of American Society of Surgery of Hand, Washington DC, 7th to 9th Sept, 2006.
2. Jain Prathmesh, Gupta Vikas, Kotwal P. P., Role of Arthroscopic Synovectomy in Chronic Inflammatory Arthritis of Wrist. Annual Conference of Delhi Orthopedic Association, 2005.
3. Jain Prathmesh, Gupta Vikas, Kotwal P. P. Synovitis of Wrist: Are We Missing Tuberculosis. Annual Conference of Delhi Orthopedic Association, 2006.
4. Jain Prathmesh, Nord KD. Use of a Low posterolateral portal to achieve a better inferior plication in Bankart repair. Annual conference of Indian Arthroscopy society. Sept 2008.
5. Arthroscopy following Total knee Arthroplasty: Our experience, Annual conference of Indian arthroscopy Society, Ahmedabad, 2009.
6. All arthroscopic subscapularis repair: a Novel technique, Annual conference of Indian arthroscopy Society, Chennai, 2010.
7. All arthroscopic subscapularis repair: a Novel technique, IOACON 2010. Jaipur.
8. Non cuff subacromial procedures. Chulalongcorn university Bangkok.
9. Arthroscopic management of rotator cuff tears. ROSACON 2012
10. Posterior interval slide for management of massive irreducible rotator cuff tears –my technique and early results .CASM jaipur 2012

ABSTRACTS PUBLISHED:

1. Jain Prathmesh, Gupta Vikas, Kotwal P. P. Role of Arthroscopic Synovectomy in Chronic Inflammatory Arthritis of Wrist. 61st Annual Conference of American Society of Surgery of Hand, Washington DC, 7th to 9th Sept, 2006
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5. Arthroscopy following Total knee Arthroplasty: Our experience, Annual conference of Indian arthroscopy Society, Ahmedabad, 2009.
6. All arthroscopic subscapularis repair: a Novel technique, Annual conference of Indian arthroscopy Society, Chennai, 2010.
7. All arthroscopic subscapularis repair: a Novel technique, IOACON 2010. Jaipur.
8. Arthroscopic Management of Rotator Cuff Ossification; 2 case studies. Keith D. Nord MD Brook Adams MD, William H Garrett BS, Prathmesh Jain MD. Annual meeting AOSSM 2012.
9. Posterior interval slide for management of massive irreducible rotator cuff tears. CASM jaipur 2012

Teaching Experience

- Incharge Arthroscopy Fellowship Shalby hospital
- Regularly teaching DNB students and orthopedic fellows the art of Arthroscopic reconstructive surgery.
- Fellows: Dr Girish (Maharashtra) Dec 2010 – 1 month arthroscopy fellowship
- Visiting Faculty at Cadaveric Shoulder Arthroscopy workshop at Chulalongkorn University, Bangkok, March 2011.(Lecture on non cuff subacromial procedures and Live Demonstration on cadavers)
- Visiting faculty at Mitek Advanced arthroscopy course 8-9 dec 2012 at Depuy institute, Banglore (cadaveric course)
- Visiting faculty at stryker shoulder arthroscopic cadaveric course at Dehradun (sept 2014)
- Teaching post of consultant in orthopedics for DNB orthopedics curriculum since Jan 2013.