

Resume

Name: Dr. Vikram A Mhaskar

Qualifications: MBBS, MS (Orth), MCh. Orth (UK).
Fellowship in knee trauma, arthroscopy and replacement Surgery (Sydney, Australia)
Fellowship in Knee & Patello-femoral Surgery (Lyon, France)

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Medical Registration: Delhi Medical Council, Reg No, 64979
Karnataka Medical Council, Reg No. 81390
Australian Medical Council (Temp)

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Current Appointments

Partner Consultant

October 2015 onwards

Knee & Shoulder Clinic

Consultant Knee & Shoulder Surgeon

Max Superspeciality Hospital &

Max Smart Superspeciality

Hospital

October 2016 –present

Honorary Professor

School Of Physiotherapy

Delhi Pharmaceutical Sciences &

Research University (DPSRU)

Member Communication Committee ISAKOS

2019-2023

Active Member ISAKOS

Awards and Honours

- **Professor David Rowley Award** of distinction for best scientific paper presentation skills at Ninewells Hospital, University of Dundee 2013.
- **Fr Percival Fernandez Award** for best post graduate among all students at St John's National Academy of Health Sciences 2009-2012.
- **Merit Certificate** awarded by the Research Society of SJMCH for the project entitled: Does the occupational activity levels affect the quality of life post epidural steroid injection in lumbar disc herniation?
- **Roll of Merit** for securing high marks at the university examinations conducted by Rajiv Gandhi University of Health Sciences in 2006, Ophthalmology.

Textbook Authored

Maheshwari & Mhaskar's Essential Orthopaedics, Dr J Maheshwari, Dr Vikram A Mhaskar, 4th Edition, Jaypee Publishers, New Delhi, India

Textbook Chapters Authored

1. Coolican, M. J., & Mhaskar, V. (2015). Primary Knee Arthroplasty: The Patella-Resurfacing Options. In E. C. Rodríguez-Merchán & S. Oussedik (Eds.), *Total Knee Arthroplasty* (pp. 161-172): Springer International Publishing.
2. Parker, D., & Mhaskar, V. (2015). Surgical Technique of Total Knee Arthroplasty: Basic Concepts Including Surgical Approaches, Minimally Invasive Surgery and Simultaneous Bilateral Arthroplasty. In E. C. Rodríguez-Merchán & S. Oussedik (Eds.), *Total Knee Arthroplasty* (pp. 111-126): Springer International Publishing
3. Vikram Arun Mhaskar, Maheshwari J (2013). Glenoid Fractures. In Rajesh Malhotra (Ed), *Mastering Techniques In Intra-articular fractures* (pp 9-17): Jaypee Publishers, New Delhi
4. Maheshwari J, Vikram A Mhaskar (2016). Post-traumatic Stiff Knee. In Rajesh Malhotra, Sunil Apsingi, Krishna Kiran Eachempati, Deepak Gautam (Eds), *Mastering Orthopaedic Techniques: Knee Reconstruction* (pp 385-395): Jaypee Publishers, New Delhi
5. Initial assessment, investigation and pre-operative planning in multi-ligamentous knee injuries Myles RJ Coolican and Vikram Mhaskar in ISAKOS 2014 Instructional Course Lectures, Lyon 2015
6. Management of Acute Patellar Dislocation Myles RJ Coolican and Vikram Mhaskar in ISAKOS 2014 Instructional Course Lectures, Lyon 2015

Guide For DNBE Orthopaedics

1. Co-guide for thesis entitled 'Medial Viewing And Far Medial Working Portal Versus Anterolateral Viewing And Far Medial Working Portal For ACL Reconstruction'-A Pilot

Study in partial fulfilment of the degree of DNBE Orthopaedics of candidate Dr Pankaj Soni. Max Superspeciality Hospital Saket 2016-2018

2. Co –guide for thesis entitled ‘CAN PATIENT SPECIFIC DISTAL FEMORAL VALGUS CUT GIVE SATISFACTORY KNEE ALIGNMENT POST-TOTAL KNEE REPLACEMENT ?’ Study in partial fulfilment of the degree of DNBE Orthopaedics of candidate Dr Satyabrat Karan. Max Superspeciality Hospital Saket 2017-2019.

Publications & Papers

1. Mhaskar, V. A., Singh, A. K., Soni, P., & Maheshwari, J. (2020). Does Viewing the ACL Femoral Footprint End on Using a High Medial Portal Produce Better Tunnel Placement as Compared to Viewing it from a Lateral Portal while Drilling: A 3D CT-based Pilot Study. *Indian Journal of Orthopaedics*, 1-7.
2. Mhaskar VA. Revision Arthroscopic Greater Tuberosity Fracture Fixation and Implant Removal: An Open to Arthroscopic Approach. *Arthroscopy techniques*. 2021 Mar 1;10(3):e831-9.
3. Mhaskar, V. A. (2020). Alternative All-Inside Technique of Repairing a Vertical Meniscus Tear. *Arthroscopy techniques*, 9(8), e1181-e1189.
4. Mhaskar, V. A. (2020). Arthroscopic Transseptal Single-Tunnel Posterior Cruciate Ligament Refixation. *Arthroscopy techniques*, 9(11), e1635-e1644.
5. Mhaskar, V. A., Maheshwari, J., & Ugrasen, H. (2020). Bilateral HTO in same sitting: Perioperative challenge or feasible option?. *Journal of Arthroscopy and Joint Surgery*, 7(2), 69-73.
6. Mhaskar, V., Maheshwari, J., Singh, A., & Soni, P. (2020). Is viewing the femoral footprint end on while drilling the femoral tunnel in an ACL reconstruction more accurate?. *Orthopaedic Journal of Sports Medicine*, 8(9_suppl7), 2325967120S00539.
7. MhaskarVA,MaheshwariJ,Mhaskar PM,Quadrupod arthroscopic-assisted all suture acromioclavicular joint fixation. *J Arthrosc Surg Sport Med*,doi:10.25259/JASSM_4_2021
8. Maheshwari J, Pandey V K. **VikramArunMhaskar**, Anterior Tibial Condyle Fracture With Posterior Tibial Subluxation: An Often Missed Injury, *Indian J Orthop*,48:507-10,2014PMID:25298560

9. An VV, Scholes C, Mhaskar VA, Hadden W, Parker D. Limitations in predicting outcome following primary ACL reconstruction with single-bundle hamstring autograft—A systematic review. *The Knee*. 2016 Dec 4.
10. An, Vincent VG, et al. "Regression modelling combining MRI measurements and patient anthropometry for patient screening and prediction of graft diameter in hamstring autograft arthroscopic ACL reconstruction." *Asia-Pacific Journal of Sports Medicine, Arthroscopy, Rehabilitation and Technology* 8 (2017): 24-31.
11. Maheshwari, Jitendra, Vikram Mhaskar, and Parul Maheshwari Mhaskar. "Implantless Fixation of a Large Osteocartilaginous Fracture of the Lateral Femoral Condyle in a Child." *Knee Surgery and Related Research* 29.1 (2017): 72-75.
12. Mhaskar, Vikram, Fritsch B. "Anomalous biceps femoris tendon insertion leading to a snapping knee in a young male." *Knee Surgery and Related Research* .2017 Jun;29(2):144
13. Mhaskar, Vikram, Maheshwari Jitendra, Manjeet Sansanwal. " Femoral Avulsion Of The Anterior Cruciate Ligament in a Multiligament Setting: A Unique Case' . *Knee Surgery and Related Research*.2019 Jun ;31(2):137-142
14. Mhaskar, V.A. and Maheshwari, J., 2019. Convenient three portal technique to remove locked bucket handle medial meniscus tear. *Journal of Arthroscopy and Joint Surgery*.
15. Fritsch, B. A., **Mhaskar, V. A.**, An, V. V. G., & Scholes, C. (2016). Predicting Hamstring Graft Diameter Using MRI and Anthropometry Accuracy With Two Different Graft Preparation Techniques. *Orthopaedic Journal of Sports Medicine*, 4(1 suppl), 2325967116S00030.
16. Mhaskar VA, Jain Yogesh, Maheshwari J (2021). Current Concepts in High Tibial Osteotomy, *Journal Of Clinical Orthopaedis*, 6(1):24-31.
17. Mhaskar VA, Sudhir N Pai, Does The Occupational Activity Level Affect The Quality Of Life Of Patients Treated With Epidural Steroid Injection For Lumbar Disc Herniation, *Asian Spine J*,6(2):131-5,Jun 2012 PMID:22708017
18. Mhaskar VA, Pai SN (2015) Epidural Steroid Injection: A Convenient Short Term Alternative to Fenestration Discectomy in Lumbar Disc Herniation. *JSM Neurosurg Spine* 3(2): 1057,2015

19. Mhaskar R, **Mhaskar V**, Pritilata R, Malignant peripheral nervous sheath tumor of the vagina. J Obstetric Gynaecol, 29(4):360, 2009. PMID:19835515
20. Rita ArunMhaskar, **VikramMhaskar**, and ManjulaSriKriha: persistent Re Inversion of Uterus Following refractory Uterine Atony Managed By Modified Brace Sutures, Journal of Gynecologic Surgery, 25(3):101-105, 2009.

Association Memberships

International Society of Arthroscopy, Knee Surgery and Orthopaedic Sports Medicine (ISAKOS)

Asia Pacific Knee Arthroscopy And Arthroplasty Society

Indian Arthroscopy Association

Delhi Orthopaedic Association

Society Of Knee Surgeons Of India